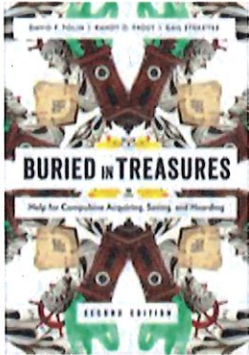


# **BURIED IN TREASURES WORKSHOP**



This free, 16-session workshop open to Provincetown residents is based on the book *Buried in Treasures: Help for Compulsive Acquiring, Saving and Hoarding* by David Tolin, Randy Frost and Gail Steketee.

All who attend will:

- \*\* Receive support from others
- \*\* Receive a copy of the Buried in Treasures book
- \*\* Develop strategies to de-clutter your home
- \*\* Change problematic acquiring and discarding behaviors

Dates: Thursdays beginning October 20, 2022

\*please note this is a 16-week group ending February 9, 2023

Time: 1:00 - 2:30 p.m.

Location: Veterans Memorial Community Center (VMCC)  
2 Mayflower Street (off Winslow Street), Provincetown

Facilitator: Carol Bishop, LICSW

**REGISTRATION REQUIRED / SPACE IS LIMITED SO CALL SOON:**

**CALL ANDREA AT 508-487-7080**

***SPONSORED BY THE PROVINCETOWN HEALTH DEPARTMENT***

***HOSTED BY THE PROVINCETOWN COUNCIL ON AGING***